



## **GTHL RELEASES HEAD CONTACT PENALTY STANDARD VIDEO**

*New Rule Application and Penalty Standard Outlined With Video Examples*

TORONTO (September 14, 2011) - The Greater Toronto Hockey League (GTHL) today released a video detailing the new Head Contact rule change that will be utilized during the 2011-12 season.

The video explains the intricacies of the rule and how it will be applied during the season.

This video follows up on a series of seminars that have taken place over the past 3 weeks in which the Head Coach and Trainer of each GTHL team had to attend. These sessions included instruction on positive coaching strategies, the importance of proper diagnosis and treatment of head injuries and a review of the new playing rule.

The video can be viewed on the GTHL Web Site at [www.GTHLCanada.com](http://www.GTHLCanada.com) or on the GTHL's Youtube channel at <http://www.youtube.com/user/GTHLBreakoutTV> .

The Greater Toronto Hockey League is the largest amateur hockey league in the world and is celebrating its 100<sup>th</sup> Anniversary during the 2011-12 season. There are over 40,000 participants registered in the GTHL annually. The Greater Toronto Hockey League is a proud member of the Ontario Hockey Federation, Hockey Development Centre of Ontario and Hockey Canada.

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